HEART BUNDLE MEAL

HASSLE-FREE * CONVENIENT * WHOLESOME * DELICIOUS * EAT SAFE, STAY SAFE

MAY 2025



	星期一	星期二	星期三	星期四	星期五
	MON	TUE	WED	THU	FRI
May	Tempura Prawn	Jin Do Pork Rib	Steamed Seabass Fillet Hong Kong Style	LÎA DDV	Honey Pork Rib
2	Black Pepper Salmon Fillet	Wok-fried Chicken Hot Bean Paste	Golden Crispy Chicken Drumlets	AROD	Mayo Prawn Fillet
AD	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables		Seasonal Vegetables
28 /	Beancurd Knot with Mushroom	Mapo Tofu with Minced Chicken	Tomato Omelette		Black Bean Yong Tau Fu
May	Hockchew Red Wine Chicken	Braised Chicken with Potato	Salted Egg Chicken	Deep-fried Crispy Chicken	Braised Soy Chicken Drumlets
0	Steamed Fish in Hong Kong Style	Steamed Pork with Tong Chye	Sweet & Sour Prawn	Sliced Pork with Spring Onion & Ginger	Spicy Sambal Squid
May	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
S S	Mini Sausage in Sweet & Sour Sauce	Beancurd with Assorted Mushroom	Braised Soy Egg with Tau Kwa	Braised Tang Hoon with Snow Crab	Onion Omelette
6 May	Mathan	Black Pepper Chicken Wing Golden Crispy Pork	Sweet & Sour Pork Steamed 3 Egg with	Nonya Spicy Chicken with Pineapple Radish Pan-fried Black	Wok-fried Stingray with Black Bean Sauce Chicken & Sweet
	esak	Cutlet	Minced Chicken	Pomfret in Light Soy Sauce	Potato Stew
May	LCL	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
		Chye Poh Omelette	Braised Beancurd with Shimeiji Mushroom	Tomato Omelette	Deep-fried Beancurd with Salted Egg
May	Hot & Spicy Chicken Drumlets	Golden Crispy Orange Pork	Pork Rib King	Steamed Herbal Chicken	Steamed Pork with Olive Vegetable
23	Black Pepper Squid	Pan-fried Dory Fillet Piccata	Spicy Sambal Lala	Sweet & Sour Prawn	BBQ Char Siew Chicken
 	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
19 May	Vegetarian Beancurd	Mushroom Omelette	Yong Tau Fu with Minced Pork in Oyster Sauce	Steamed 3 Egg	Wok-fried Tang Hoon with Chinese Mushroom
May	Braised Chicken with Chinese Sausage	Grilled Teriyaki Chicken	Crispy Marmite Chicken	Golden Crispy Chicken with Salad	Spicy Rendang Chicken Drumstick
- 30	Wok-fried Soft Cuttlefish in Black Pepper Sauce	Pork Rib King	Yong Tau Fu in Spicy Bean Paste	Wok-fried Salmon Fillet in Oyster Sauce	Basil Minced Pork
May	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
26 M	Prawn Date with Pickles	Crabmeat Omelette	Golden Crispy Prawn Wanton	Golden Crispy Beancurd in Thai Style	Chinese Sausage Omelette

^{*} Kindly state your dietary preferences before making payment (eg. choice of 🐷 / 🐽 , 🤳 / 🍅 , etc). We will be pleased to accommodate your request.



^{*} Please note that menu items listed above are subject to availability and may need to be changed due to seasonal and supply fluctuations, we appreciate your kind understanding.

^{*} For our full T&Cs, visit <u>www.spgg.org.sg/hbm</u>.

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一 JUN 2025



	星期一	星期二	星期三	星期四	星期五
	MON	TUE	WED	THU	FRI
5	Steamed Fish with Black Bean Sauce	Golden Crispy Dory Fillet with Homemade Pickles	Wok-fried Pork Belly with Leek	Crispy Marmite Pork Rib	Steamed Fish with Black Bean Sauce
9	Golden Crispy Chicken Cutlet	Braised Chicken with Sweet Potato Stew	Nonya Chicken Curry	Deep-fried Crispy Kembong Fish	Golden Crispy Chicken Cutlet
5	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
2	Steamed Egg with Prawn Meat	Long Bean Omelette	Braised Beancurd with Water Chestnut	Curry Yong Tau Fu	Steamed Egg with Prawn Meat
5	Hockchew Red Wine Chicken	Braised Chicken with Potato	Salted Egg Chicken	Deep-fried Crispy Chicken	Braised Soy Chicken Drumlets
8	Steamed Fish in Hong Kong Style	Steamed Pork with Tong Chye	Sweet & Sour Prawn	Sliced Pork with Spring Onion & Ginger	Spicy Sambal Squid
5	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
5	Mini Sausage in Sweet & Sour Sauce	Beancurd with Assorted Mushroom	Braised Soy Egg with Tau Kwa	Braised Tang Hoon with Snow Crab	Onion Omelette
5	Stir-fried Chicken with Celery	Black Pepper Chicken Wing	Sweet & Sour Pork	Nonya Spicy Chicken with Pineapple Radish	Wok-fried Stingray with Black Bean Sauce
20	Deep-fried Selar	Golden Crispy Pork Cutlet	Steamed 3 Egg with Minced Chicken	Pan-fried Black Pomfret in Light Soy Sauce	Chicken & Sweet Potato Stew
5	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
9	Steamed Egg with Crabmeat	Chye Poh Omelette	Braised Beancurd with Shimeiji Mushroom	Tomato Omelette	Deep-fried Beancurd with Salted Egg
un n	Hot & Spicy Chicken Drumlets	Golden Crispy Orange Pork	Pork Rib King	Steamed Herbal Chicken	Steamed Pork with Olive Vegetable
2	Black Pepper Squid	Pan-fried Dory Fillet Piccata	Spicy Sambal Lala	Sweet & Sour Prawn	BBQ Char Siew Chicken
C	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
23 Jun	Vegetarian Beancurd	Mushroom Omelette	Yong Tau Fu with Minced Pork in Oyster Sauce	Steamed 3 Egg	Wok-fried Tang Hoon with Chinese Mushroom
3	Braised Chicken with Chinese Sausage	Grilled Teriyaki Chicken	Crispy Marmite Chicken	Golden Crispy Chicken with Salad	Spicy Rendang Chicken Drumstick
# - -	Wok-fried Soft Cuttlefish in Black Pepper Sauce	Pork Rib King	Yong Tau Fu in Spicy Bean Paste	Wok-fried Salmon Fillet in Oyster Sauce	Basil Minced Pork
5	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
30	Prawn Date with Pickles	Crabmeat Omelette	Golden Crispy Prawn Wanton	Golden Crispy Beancurd in Thai Style	Chinese Sausage Omelette

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