HEARY BUNDLE MEAL

HASSLE-FREE * CONVENIENT * WHOLESOME * DELICIOUS * EAT SAFE, STAY SAFE

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	星期一	星期二	星期三	星期四	星期五
	MON	TUE	WED	THU	FRI
5	Steamed Fish with Black Bean Sauce	Golden Crispy Dory Fillet with Homemade Pickles	Wok-fried Pork Belly with Leek	Crispy Marmite Pork Rib	Teriyaki Chicken
9	Golden Crispy Chicken Cutlet	Braised Chicken with Sweet Potato Stew	Nonya Chicken Curry	Deep-fried Crispy Kembong Fish	Braised Pork Belly with Braised Egg
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
~	Steamed Egg with Prawn Meat	Long Bean Omelette	Braised Beancurd with Water Chestnut	Curry Yong Tau Fu	Vegetarian Beancurd Knot with Mushroom
5	Hockchew Red Wine Chicken	Braised Chicken with Potato	Salted Egg Chicken	Deep-fried Crispy Chicken	Braised Soy Chicken Drumlets
2	Steamed Fish in Hong Kong Style	Steamed Pork with Tong Chye	Sweet & Sour Prawn	Sliced Pork with Spring Onion & Ginger	Spicy Sambal Squid
5	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
5	Mini Sausage in Sweet & Sour Sauce	Beancurd with Assorted Mushroom	Braised Soy Egg with Tau Kwa	Braised Tang Hoon with Snow Crab	Onion Omelette
	Stir-fried Chicken with Celery	Black Pepper Chicken Wing	Sweet & Sour Pork	Nonya Spicy Chicken with Pineapple Radish	Wok-fried Stingray with Black Bean Sauce
2	Deep-fried Selar	Golden Crispy Pork Cutlet	Steamed 3 Egg with Minced Chicken	Pan-fried Black Pomfret in Light Soy Sauce	Chicken & Sweet Potato Stew
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
9	Steamed Egg with Crabmeat	Chye Poh Omelette	Braised Beancurd with Shimeiji Mushroom	Tomato Omelette	Deep-fried Beancurd with Salted Egg
	Hot & Spicy Chicken Drumlets	Golden Crispy Orange Pork	Pork Rib King	Steamed Herbal Chicken	Steamed Pork with Olive Vegetable
R	Black Pepper Squid	Pan-fried Dory Fillet Piccata	Spicy Sambal Lala	Sweet & Sour Prawn	BBQ Char Siew Chicken
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
23 1	Vegetarian Beancurd	Mushroom Omelette	Yong Tau Fu with Minced Pork in Oyster Sauce	Steamed 3 Egg	Wok-fried Tang Hoon with Chinese Mushroom
	Braised Chicken with Chinese Sausage	Grilled Teriyaki Chicken	Crispy Marmite Chicken	Golden Crispy Chicken with Salad	Spicy Rendang Chicken Drumstick
7	Wok-fried Soft Cuttlefish in Black Pepper Sauce	Pork Rib King	Yong Tau Fu in Spicy Bean Paste	Wok-fried Salmon Fillet in Oyster Sauce	Basil Minced Pork
5	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
30	Prawn Date with Pickles	Crabmeat Omelette	Golden Crispy Prawn Wanton	Golden Crispy Beancurd in Thai Style	Chinese Sausage Omelette

^{*} Kindly state your dietary preferences before making payment (eg. choice of 🐷 / 🐽 , 🌙 / 🍅 , etc). We will be pleased to accommodate your request.



^{*} Please note that menu items listed above are subject to availability and may need to be changed due to seasonal and supply fluctuations, we appreciate your kind understanding.

^{*} For our full T&Cs, visit www.spgg.org.sg/hbm.