HEART BUNDLE MEAL

HASSLE-FREE * CONVENIENT * WHOLESOME * DELICIOUS * EAT SAFE, STAY SAFE



| | 星期一 MON | 星期二 TUE | 星期三 WED | 星期四 THU | 星期五 FRI |
|-------------|--|--|--|---|--|
| ep | Hockchew Red Wine Chicken | Braised Chicken with Potato | Salted Egg Chicken | Deep-fried Crispy Chicken | Braised Soy Chicken Drumlets |
| 5 | Steamed Fish in Hong Kong Style | Steamed Pork with Tong Chye | Sweet & Sour Prawn | Sliced Pork with Spring Onion & Ginger | Spicy Sambal Squid |
| Sep | Seasonal Vegetables Mini Sausage in Sweet & Sour Sauce | Seasonal Vegetables Beancurd with Assorted Mushroom | Seasonal Vegetables Braised Soy Egg with Tau Kwa | Seasonal Vegetables Braised Tang Hoon with Snow Crab | Seasonal Vegetables Onion Omelette |
| 12 Sep | Stir-fried Chicken with Celery Deep-fried Selar | Black Pepper Chicken Wing Golden Crispy Pork | Sweet & Sour Pork Steamed 3 Egg with | Nonya Spicy Chicken with Pineapple Radish Pan-fried Black | Wok-fried Stingray with Black Bean Sauce Chicken & Sweet |
| Sep- | Seasonal Vegetables | Cutlet Seasonal Vegetables | Minced Chicken Seasonal Vegetables | Pomfret in Light Soy Sauce Seasonal Vegetables | Potato Stew Seasonal Vegetables |
| 00 | Steamed Egg with Crabmeat | Chye Poh Omelette | Braised Beancurd with Shimeiji Mushroom | Tomato Omelette | Deep-fried Beancurd with Salted Egg |
| Sep | Hot & Spicy Chicken Drumlets | Golden Crispy Orange Pork | Pork Rib King | Steamed Herbal Chicken | Steamed Pork with Olive Vegetable |
| 0 | Black Pepper Squid | Pan-fried Dory Fillet Piccata | Prawn Beancurd Roll | Sweet & Sour Prawn | BBQ Char Siew Chicken |
| 6 | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables |
| 15 S | Vegetarian Beancurd | Mushroom Omelette | Yong Tau Fu with Minced Pork in Oyster Sauce | Steamed 3 Egg | Wok-fried Tang Hoon with Chinese Mushroom |
| Sep | Braised Chicken with Chinese Sausage | Grilled Teriyaki Chicken | Crispy Marmite Chicken | Golden Crispy Chicken with Salad | Spicy Rendang Chicken Drumstick |
| - 26 | Wok-fried Soft Cuttlefish in Black Pepper Sauce | Pork Rib King | Yong Tau Fu in Spicy Bean Paste | Wok-fried Salmon Fillet in Oyster Sauce | Basil Minced Pork |
| Sep | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables |
| 22 | Prawn Date with Pickles | Crabmeat Omelette | Golden Crispy Prawn Wanton | Golden Crispy Beancurd in Thai Style | Chinese Sausage Omelette |
| 0ct | Steamed Fish with Black Bean Sauce | Golden Crispy Dory Fillet with Homemade Pickles | Wok-fried Pork Belly with Leek | Crispy Marmite Pork Rib | Teriyaki Chicken |
| 3 | Golden Crispy Chicken Cutlet | Braised Chicken with Sweet Potato Stew | Nonya Chicken Curry | Deep-fried Crispy Kembong Fish | Braised Pork Belly with Braised Egg |
| 0 | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables |
| 29 S | Steamed Egg with Prawn Meat | Long Bean Omelette | Braised Beancurd with Water Chestnut | Curry Yong Tau Fu | Vegetarian Beancurd Knot with Mushroom |

^{*} Kindly state your dietary preferences before making payment (eg. choice of 🐷 / 🐽 , 🌙 / 🍅 , etc). We will be pleased to accommodate your request.



^{*} Please note that menu items listed above are subject to availability and may need to be changed due to seasonal and supply fluctuations, we appreciate your kind understanding.

^{*} For our full T&Cs, visit www.spgg.org.sg/hbm.