## HEARY BUNDLE MEAL

HASSLE-FREE \* CONVENIENT \* WHOLESOME \* DELICIOUS \* EAT SAFE, STAY SAFE

**一 JUL 2025** 一



	星期一	星期二	星期三	星期四	星期五
	MON	TUE	WED	THU	FRI
30 Jun - 4 Jul	Braised Chicken with Chinese Sausage	Grilled Teriyaki Chicken	Crispy Marmite Chicken	Golden Crispy Chicken with Salad	Spicy Rendang Chicken Drumstick
	Wok-fried Soft Cuttlefish in Black Pepper Sauce	Pork Rib King	Yong Tau Fu in Spicy Bean Paste	Wok-fried Salmon Fillet in Oyster Sauce	Basil Minced Pork
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	Prawn Date with Pickles	Crabmeat Omelette	Golden Crispy Prawn Wanton	Golden Crispy Beancurd in Thai Style	Chinese Sausage Omelette
Inf II - Inf L	Braised Soy Chicken Wing (2no)	Curry Chicken	Yong Tau Fu with Minced Pork in Oyster Sauce	Golden Crispy Spicy Thai Chicken	Braised Sesame Soy Chicken
	Sliced Fish with Bittergourd	Sweet & Sour Fish	Sliced Pork with Ginger & Spring Onion	Steamed Minced Pork with Salted Egg	Roast Honey Pork Char Siew
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	Beancurd Roll	Hong Siew Beancurd	Steamed Egg with Crabmeat	Chye Poh Omelette	Braised Beancurd with Minced Pork
lut Jul - 18 Jul	Sweet & Sour Pork	Nonya Curry Pork Rib	Sweet & Sour Prawn	BBQ Pork Collar	Wok-fried Pork Belly Thai Style
	Prawn Paste Chicken	Deep-fried Fuyi Chicken	Chicken Rendang	Sambal Stingray	Leather Jacket with Black Bean Sauce
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	Golden Crispy Beancurd Thai Style	Bittergourd Omelette	Fu Yong Hai	Braised Beancurd with Gingko Nut	Onion Crab Meat Omelette
21 Jul - 25 Jul	Pork Rib with Black Pepper Sauce	Steamed Chicken with Salted Fish	Kong Po Chicken	Steamed Minced Pork with Olive Veg.	Braised Pork Belly with Sweet Mui Choi
	Prawn Roll with Achar	Breaded Prawn	Sliced Fish with Black Fungus	Ikan Batang Pedas Nanas	Golden Crispy Lemon Chicken
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	Crispy Cereal Beancurd	Tempeh, French Bean, Tau Kwa with Sambal Goreng	Golden Beancurd with Chye Poh	Silver Fish Omelette	Beancurd Roll
- I Aug	Tempura Prawn	Jin Do Pork Rib	Steamed Seabass Fillet Hong Kong Style	Wok-fried Bell Pepper Chicken	Honey Pork Rib
	Black Pepper Salmon Fillet	Wok-fried Chicken Hot Bean Paste	Golden Crispy Chicken Drumlets	Seafood Beancurd in Oyster Sauce	Mayo Prawn Fillet
3	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
28	Beancurd Knot with Mushroom	Mapo Tofu with Minced Chicken	Tomato Omelette	Chinese Sausage Omelette	Black Bean Yong Tau Fu

<sup>\*</sup> Kindly state your dietary preferences before making payment (eg. choice of 🐷 / 🐽 , 🤳 / 🍅 , etc). We will be pleased to accommodate your request.



<sup>\*</sup> Please note that menu items listed above are subject to availability and may need to be changed due to seasonal and supply fluctuations, we appreciate your kind understanding.

<sup>\*</sup> For our full T&Cs, visit www.spgg.org.sg/hbm.