## HEARY BUNDLE MEAL

HASSLE-FREE \* CONVENIENT \* WHOLESOME \* DELICIOUS \* EAT SAFE, STAY SAFE

(a) APR 2025 (b)



	星期一	星期二	星期三	星期四	星期五
	MON	TUE	WED	THU	FRI
Apr	40.1	Golden Crispy Pork Belly	Steamed Fish with Green Garlic and Shimeiji Mushroom	BBQ Chicken Chop	Steamed Fish Assam Pedas
	Hari Palla	Braised Chicken Mushroom & Chestnut	Wok-fried Leek with Roasted Pork	Braised Meat with Mushroom	Crispy Sweet & Sour Mango Pork
2	IDUL FITRI 1444H	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
8		Long Bean Omelette	Golden Crispy Luncheon Meat	Chicken Ngo Hiang	Prawn Meat Omelette
Apr	Braised Soy Chicken Wing (2no)	Curry Chicken	Yong Tau Fu with Minced Pork in Oyster Sauce	Golden Crispy Spicy Thai Chicken	Braised Sesame Soy Chicken
	Sliced Fish with Bittergourd	Sweet & Sour Fish	Sliced Pork with Ginger & Spring Onion	Steamed Minced Pork with Salted Egg	Roast Honey Pork Char Siew
4	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
1	Beancurd Roll	Hong Siew Beancurd	Steamed Egg with Crabmeat	Chye Poh Omelette	Braised Beancurd with Minced Pork
Apr	Sweet & Sour Pork	Nonya Curry Pork Rib	Sweet & Sour Prawn	BBQ Pork Collar	
<u></u>	Prawn Paste Chicken	Deep-fried Fuyi Chicken	Chicken Rendang	Sambal Stingray	GOOD)
۵	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	FRIDAY
7	Golden Crispy Beancurd Thai Style	Bittergourd Omelette	Fu Yong Hai	Braised Beancurd with Gingko Nut	
Apr	Pork Rib with Black Pepper Sauce	Steamed Chicken with Salted Fish	Kong Po Chicken	Steamed Minced Pork with Olive Veg.	Braised Pork Belly with Sweet Mui Choi
2	Prawn Roll with Achar	Breaded Prawn	Sliced Fish with Black Fungus	Ikan Batang Pedas Nanas	Golden Crispy Lemon Chicken
ı	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
2 Apr	Crispy Cereal Beancurd	Tempeh, French Bean, Tau Kwa with Sambal Goreng	Golden Beancurd with Chye Poh	Silver Fish Omelette	Beancurd Roll
May	Tempura Prawn	Jin Do Pork Rib	Steamed Seabass Fillet Hong Kong Style		Honey Pork Rib
7	Black Pepper Salmon Fillet	Wok-fried Chicken Hot Bean Paste	Golden Crispy Chicken Drumlets	AROD	Mayo Prawn Fillet
۵	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables		Seasonal Vegetables
28 A	Beancurd Knot with Mushroom	Mapo Tofu with Minced Chicken	Tomato Omelette		Black Bean Yong Tau Fu

<sup>\*</sup> Kindly state your dietary preferences before making payment (eg. choice of 🐷 / 🐽 , 🤳 / 🍅 , etc). We will be pleased to accommodate your request.



<sup>\*</sup> Please note that menu items listed above are subject to availability and may need to be changed due to seasonal and supply fluctuations, we appreciate your kind understanding.

<sup>\*</sup> For our full T&Cs, visit <u>www.spgg.org.sg/hbm</u>.